



Why I'm here

Agitated

You can't be what you can't see
Identify the cost of inauthenticity
Show you the alternative





- 1. Give it your full attention
- 2. Actively decide what you will get from it
- 3. Be on the look out for that answer
- 4. 1 takeaway only
- 5. Prepare a question and go first







So how do we become who we are?

- By listening to the messages we get?
- By learning what is acceptable to others?
- Or
- By knowing ourselves better than anyone else?





- What mask are you wearing?
- How are you communicating?
- Tired of 2 identities?



What's the cost of inauthenticity?

- Confusion
- Instability
- Playing small
- Lacking confidence





Is it helping you?



You spend more energy on the same results
You keep your opinions quiet

You don't believe you have the power to make a difference



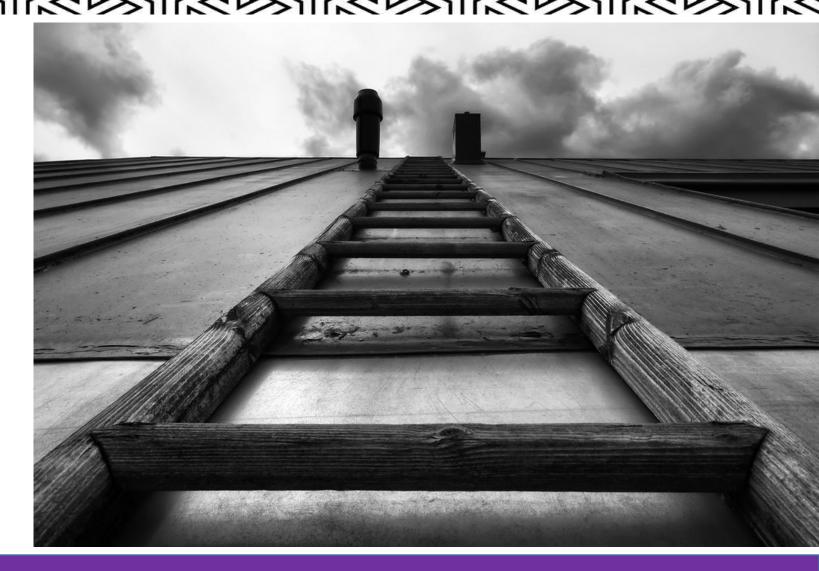


Truth

- Trying to be anything other than the real you only costs you
- If you believe you are [YOUR STORY] you will constantly be seeking **evidence** that it happened again
- It teaches people not to value or trust who you already are
- The gap doesn't exist outside of us, it is in our awareness and our actions

Working harder at the same things we have always done isn't the answer.

"What got us here won't get us there"
-Marshall Goldsmith



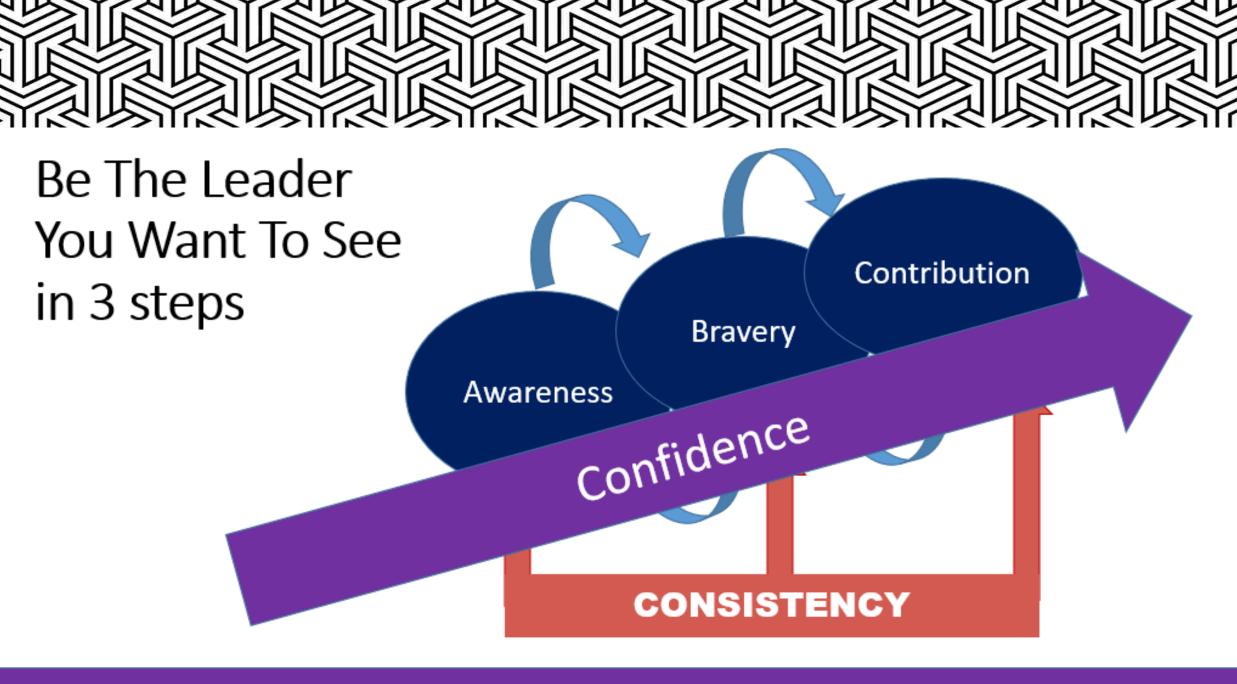


Picture this....

- The world you will re-enter after this session is a blank canvas
- You get to choose how to think, how to lead, and how your life / career progresses ...
- And people will follow that lead













Be 100% responsible for setting your own direction.



#betheleaderyouwanttosee

You cannot lead other people until you have first led yourself.



Stretch consistently...
Inspire yourself





#betheleaderyouwanttosee

Be the person other people wish they could be.

Go first.



Be curious about (not wedded to) your impact





- Leadership starts with YOU
 - How you show up
 - What you inspire
 - How you engage
 - The decisions you take

 Decide today to get to know and leverage who you already are and TRUST that it is enough

You cannot lead other people until you have first led yourself.

#betheleaderyouwanttosee



Remember....

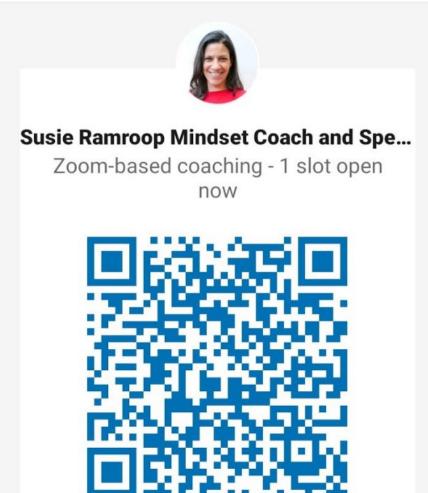
#betheleaderyouwanttosee

Moving yourself forwards towards your bigger, more impactful vision, doesn't need you to leap to get there. It's more of a stretch.



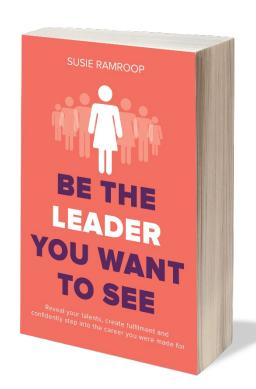
Stay accountable & in touch!

- 1. Connect on LinkedIn
- 2. Tag me in your #1 takeaway





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